

You have been instructed to conduct drug testing at the Cherokee County Drug Lab. This testing is coordinated with the Cherokee County Court System and the Cherokee County Accountability Courts and is also available to the public.

To access services, please complete the attached forms and return them to the Drug Lab. Forms may be submitted via email or delivered in person during collection hours.

### **Drug Lab Information**

- Location: Historic Courthouse, 100 North Street, Suite G23, Canton, GA 30114
- Entrance: Located at the rear of the building
- Collection Hours: 6:00 AM 11:00 AM, seven days a week
- **Note:** Specialty testing is available by appointment only. Testing outside regular hours may be scheduled by calling the Lab in advance.

## **Testing Requirements**

- A valid photo ID is required at the time of testing
- The standard urine drug test costs \$35.00, payable at the time of service
- A full list of available testing options and fees is included on the following page
- For questions about specific testing, you may contact the Lab Manager directly
- Accepted payment methods: Money order, certified check, or credit/debit card (an additional fee applies for card payments)

# **Contesting Test Results**

To contest a drug test result and request forensic confirmation, a \$65.00 payment must be submitted in person during collection hours within seven (7) days of the original test date.

Please follow all posted signs and instructions while at the Lab and arrive prepared for testing. For additional details, visit the Cherokee County Drug Lab website: https://www.cherokeecountyga.gov/Drug-Lab/

If you have any questions or require further assistance, please contact:

Heather Hays
Lab Manager
HAHays@cherokeecountyga.gov
678-493-6578

# Same Day Result Options:

Standard Urine Drug Screen 11 panel - AMP/BAR/BUP/BZO/COC/OPI/OXY/THC/ETG/MET/ CREAT \$35.00

Specialty Testing Options: (Requires 7-14 days processing time)

# **Hair Lab Panel Testing:**

7 Panel Lab Hair Screen + Confirmation- AMP (AMP/MAMP/MDMA)/BAR/BZO/COC/OPI	\$85.00
(MOR/COD/6MAM/Dilaudid/Hydrocodone/Vicodin/Lortab) /PCP/THC	

## **Sweat Patch Testing:**

Standard Panel Lab Screen + Confirmation- MAMP/AMP/COC/Codeine/MOR/Heroin/Marijuana/	\$55.00
PCP	

Expanded Panel Lab Screen + Confirmation- MAMP/AMP/COC/Codeine/MOR/Heroin/ Marijuana/		
PCP/Hydrocodone/Hydromorphone/ Oxycodone/Oxymorphone/Fentanyl/NorFentanyl		

#### **Oral Fluid Testing:**

8 panel- (AMP/BAR/BUP/BZO/COC/OPI/OXY/THC)	\$35.00
11 panel w/ confirmation- (AMP/BAR/BUP/BZO/COC/OPI/OXY/THC/Alcohol/METH/FENT)	\$44.50

# <u>Dried Blood Spot Testing</u>: (Requires pricking the finger of the donor to collect a blood sample)

Peth (Phosphatidyl ethanol) Analysis ONLY- Detects alcohol consumption up to 4 weeks prior	\$95.00
DBS Full Analysis- Detects 90 analytes of drugs in the blood.	\$125.00

<sup>\*</sup>Additional Drugs of Abuse Screening is available upon request.

# **CHEROKEE COUNTY DRUG LAB**

CHEROKEE COUNTY HISTORIC COURTHOUSE 100 NORTH STREET, SUITE G23 CANTON, GEORGIA 30114 TELEPHONE: 678-493-6578

#### **Consent to Release Information**

Name:		Contac	t:	
Case number or referrir	ng agency:		_ Phone:	
Is there a Court order re	equiring Drug Testing	? YES or	NO (circ	cle one)
Email for results to be s	ent to:			
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I understand that any dis Regulations governing information may re-disc	confidentiality of d	lonor record	ds and the	at recipients of this
I understand that this co court order. The referri Lab with any revocation	ng agency is respons			
Signature of Donor	Date	Witness		Date
Donor's DOB				

# **TESTING INFORMATION SHEET**

CLIENT				
First Name:	Middle Na	me:	Last Name:	
	/ Race:			
ADDRESS				
Address				
	4-21			in Code:
				)
	)			
TESTING FREQUE	NCY			
No less than	_ times per	_ Start Date	Senten	nce Length
READ AND SIGN B	ELOW			
performed by certified lab of my drug screenings to t detection of attempts to d confirmation testing, at m Cherokee County Drug Lab to the referring agency. I h liability for complying wit Federal Regulations gover connection with their offic order. The referring agency	technicians, trained to perform he referring agency. I underst ilute or adulterate my sample y own expense, on any positi to to receive results of any confi- tereby release the facility that r h this authorization. I understa- ming confidentiality of donor ial duties. I understand that thi	such screens. I consent and that screenings for will be reported to the ve, dilute, or adulterat rmation testing and that eleases such information and that any disclosure records and that recip s consent will remain in the Cherokee Drug Lab	for the Cherokee Cou dilution and adulterar e referring agency. I led sample within 72 t results of such confir on to the Cherokee Cou made is bound by Pa ients of this informat n effect for the length	erstand that all screens will be anty Drug Lab to release results nts may also be performed and understand that I may request hours. I also consent for the mation testing shall be released unty Drug Lab from any and all art 2 of Title 42 of the Code of tion may re-disclose it only in of time prescribed in the court of this release. I understand the
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Signature of Person U	nder Supervision		Date	
Witness		i	Date	
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#### **DILUTE DRUG SCREENS**

Dilute drug screens occur when an individual drinks too much fluid/ liquid of any kind in a short period of time, usually in an effort to flush their system of alcohol or drugs.

We encourage everyone to drink at least 8-10, 8-ounce glasses of water each day to maintain a healthy body system. Your body will maintain homeostasis, an equilibrium, in which you take in fluids and excrete waste fluids in the urine according to your body's needs. This occurs normally in the absence of kidney disease.

Creatinine is a by-product of protein metabolism; any unused creatinine is dissolved in the urine as a waste product. It is easily measured in relationship to the amount of fluid in which it is dissolved. For drug screening purposes, there is no other reason to measure creatinine other than to be able to tell whether or not a person is trying to dilute their urine. The more fluid in urine, the less creatinine can be measured. The less fluid in urine, the more creatinine can be measured. The normal level of creatinine in urine ranges from 60 mg/dL to 300 mg/dL. A dilute urine sample means that the creatinine level is equal to or below 20 mg/dL. This also occurs normally in the absence of kidney disease. The creatinine levels can change daily, but most people will have a "normal" value range most of the time.

Eating extra protein, exercising, running have no significant effect on the creatinine level measured in urine due to the body's built-in equalizer, homeostasis. The only thing that affects a dilute sample is the amount of fluid taken in within a short period of time prior to providing the urine sample. If you are seeing results that show you are getting close to a dilute sample, try to stop drinking any fluids 2-4 hours prior to providing the sample. Then resume your normal fluid intake. You should not "hold" your urine for a long time before giving a sample. This is not good for your bladder and will not have a significant effect on urine dilution. Try to avoid more than 1-2 cups of tea per day since tea is a diuretic. In other words, it causes your body to make extra urine and may throw off your normal body balance if taken in excessive amounts. This can lead to a dilute urine sample. Avoid products that claim to "beat a drug test". These usually are nothing but a diuretic in disguise.

If you have a medically diagnosed kidney disease you will need to bring proper documentation from your physician that states specifically why you might test with dilute urine specimens. This should be done prior to admission into the program and may be a reason to exclude you from participation in the program.

If you have any questions or concerns, please discuss them with the court, your counselor, program manager, or program nurse, and your physician.

Participant Signature	Date		
. a			
Witness	Date		

#### Frequently Asked Questions Regarding Dilute Specimens

#### What is a dilute specimen?

Dilute specimens are urine samples that have a creatinine level of less than 20mg/dL.

#### Okay, so what is Creatinine?

Creatinine (not to be confused with creatine) is a by-product of muscle metabolism. It is produced at a fairly steady rate throughout the day. Having a low concentration of creatinine in your urine is not normal.

The most common method of specimen tampering is dilution. Dilution is sometimes called flushing or water-loading, and it is a method promoted by "beat your drug test" websites and products. Diluting is a way to lower the concentration of drugs or alcohol in your system by making your urine more like water, measuring creatinine tells us how concentrated your urine is — whether it's more like urine or more like water.

# It seems like we're getting sanctioned for dilute specimens all the time. Is low creatinine really that abnormal?

Healthy people rarely produce specimens with creatinine levels below 20mg/dL. In one study of over 22,000 people, less than 1% had dilute specimens. The average creatinine level was 130mg/dL. In a setting like ours where people are randomly drug tested, dilutes are 10 times more common! Sounds a little suspicious, doesn't it?

#### But even if I get a dilute, if my test is negative, why should I be sanctioned?

To quote Paul Cary, the expert on this issue, "negative or 'none detected' results should never be interpreted as indicating no drug use (abstinence), because if, in fact, drugs were present, they probably could not be detected by the test... [A] creatinine level of less than 20mg/dL (associated with a drug test) is nearly always an attempt by the donor to avoid drug use detection regardless of how much liquid was consumed in order to achieve this result."

#### So what's the bottom line?

If you get a dilute, we don't know why or how your creatinine level got that low. It is YOUR RESPONSIBILITY to control what you put in your body; this includes monitoring your fluid intake and not drinking excessive quantities of water in a short amount of time. If you have questions about your creatinine level, contact Court staff, FIS medical staff, or see you physician.

Participant Signature	Date		
Witness	Date		

<sup>\*</sup>This document is based on Paul L. Cary's presentation "Selected Drug Testing Issues for Court-Mandated Testing."

# URINE ABSTINENCE TESTING AND INCIDENTAL DRUGS OF ABUSE EXPOSURE CONTRACT

Because urine tests used for drugs of abuse testing are very sensitive, consumption of certain products can result in positive screens. In order to preserve the integrity of the testing program, it is necessary to restrict and/or advise persons scheduled for random tests regarding the use of certain products.

Since it is difficult to remember which drugs to avoid, this medication list has been prepared for you. The list includes what you can take and what you must avoid. You have to take responsibility for all drug use because not every physician, pharmacist, or dentist knows about the court-ordered testing requirement you are under.

If you have a particular problem, be sure to discuss it with your probation officer. No drug of any kind is to be taken without providing proof to your probation officer. When you show up for testing, you must always note on the paperwork you sign any prescription or over-the-counter medications you have taken.

Inform physicians, dentists, pharmacists, and all other persons involved in your receiving medications that you are randomly tested for drugs of abuse. This is extremely important since a positive test will be a violation of your probation/ program and may <u>result in your incarceration</u>.

#### DRUGS THAT CAN BE TAKEN

#### Do not use any amount beyond what is recommended

Clinoril Actifed Advil (OTC) Clinoril (Rx) Advil Cold Comhist Afrin Coricidin HBP Dimetapp Aleve Dramamine Alka-Seltzer Cold Feldene (Rx) Alka-Seltzer Plus Hismanal Allegra Ibuprofen Allerest Aspirin Imodium A-D Benadryl Maalox/Mylanta Claritin Meclomen (Rx) Tylenol Cold

Motrin
Mucinex
Nalfon
Naproxen
Ornade
Pepcid
Pepto-Bismol
Polarmine
Rolaids
Seldane
Sudafed PE
(Phenylephrine HCL)

Tagamet
Teldrin
Tessalon Perles
Theraflu
Toradol
Triaminic
Tums
Tylenol (OTC)
Zyrtec

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#### DRUGS THAT ARE NOT TO BE TAKEN

Do not use, consume, or apply any of these drugs

It is YOUR responsibility to limit exposure to products and substances detailed below. It is YOUR responsibility to read product labels, to know what is contained in products you use and consume, and to inspect these products BEFORE using them. Use of products in violation of this contract will NOT be allowed as an excuse for a positive test result.

ALCOHOL

Aftershave Lotion Extracts (Lemon, etc.) Hair Tonics Medical Alcohol Mouthwash Perfumes

Sterno

Wood Alcohol

ANALGESICS

Darvocet N-100 Darvon, Darvon CPD Equagesic

Fiorinal Norflex Norgesic Parafon Forte Robaxin, Robaxisal Soma

**Talwin** Wygesic Ultram

ANTICHOLINERGICS/ANTISPASMODICS

Atropine

Belladona (and derivatives) Donnatal

Hyoscine Kinesed Levsin PB

Librax Pro-Banthine Scopolomine

Valpin

BARBITURATES

Amytal Na Brevital Butabarbital **Butisol** Na

**Donnatal** Eskobarb Luminal Mebaral

Nembutal Pentothal Phenobarbital Seconal

Surital Tuinal

**BROMIDES** 

Bromo Quinine

Dr. Miles' Nervine

**COUGH SYRUPS CONTAINING** 

Codeine Dextromethorphan Hycodan Hydrocodone

Oxycodone **Tussionex** 

FOOD AND OTHER INGESTIBLE PRODUCTS

CBD Oil

Pens

E-Cigarettes or Vaporizer

Kava Kava Kratom Phenibut

Poppy Seeds (Do not ingest anything with poppy seeds)

Sure-Jell (Pectin)

**HALLUCINOGENS** 

Bufotenine (Dimethyl

Serotonin) Diethyltryptamine (DET) Dimethyltryptamine (DMT) Ibogaine Ketamine LSD (Lysergic Acid diethylamide)

Marijuana (THC) Mescaline Peyote Psilocin Psilocybin

STP - Serenity Tranquility Peace (DOM, 2,5-Dimethoxy-4methylamphetamine)

Hashies Hashish

#### DRUGS THAT ARE NOT TO BE TAKEN (CONTINUED)

#### Do not use, consume, or apply any of these drugs

#### **MINOR TRANQUILIZERS**

Ativan Librium Paxipam Versed Equanil Meprobamate Serax Vesprin Klonopin (Clonazepam) Milpath Trancopal Xanax

Librax Miltown Tranxene
Libritabs Pathibamate Valium

#### NARCOTICS/OPIATES/OPIOIDS

A.P.C. with Demerol Fiorinal 1, 2, 3, or 4 Numorphan Stadol B & O Supprettes Heroin Oxycodone Sublimaze

Bancap HC Hycodan Oxymorphone Suboxone (Buprenorphine)

CocaineHydrocodonePantopanSynalgos-DCCodeineHy-PhenParegoricTalacinDamason-PInnovar InjectionPentazocineTalwin

Darvocet Leritine Percobarb Opium and Opium Tinctures

Darvon Levo-Dromoran Percocet Tussionex

Demerol Lomotil Percodan Tylenol 1, 2, 3, or 4

Dilaudid Lorcet Phenaphen 1, 2, 3, or 4

Tylox

Dilaudid Lorcet Ultram Dolene Lortab Phenazocine Mepergan Forte Propoxyphene Hydrochloride Vicodin Dolophine Methadone Roxicet Zohydro Empirin 1, 2, 3, or 4 Roxicodone Zydone Morphine **Empracet** 

Fentanyl-Sublimaze Nubain Soma (Carisoprodol)

#### OVER THE COUNTER (OTC)

Antihistamines: Dristan, Caffeine Preparations: Decongestants: Diet Aids: Dexatrim

Contac, Sominex, Nytol, NoDoz, Vivarin Dextromethorphan (DM)

NyQuil

#### SEDATIVES/SLEEPING AIDS

Methaqualone (Sopor) Quaaludes Compazine Alurate Restoril Compoz (OTC) Milpath Ambien Secobarbital Miltown Dalmane Amytal Nembutal Seconal Sodium Deprol Ativan

Butalbital Doriden Noludar Serax

Butalbital Acetaminophen Equanil (Meprobamate) Nytol (OTC) Sleep-eze (OTC)

Paraldehyde Sopor Halcion Caffeine Valium **Parest Butisol** Klonopin Veronal Phenobarbital Carbital Limbitrol Phenobarbital Sodium Vistaril (Atarax) Centrax Luminal

Chloral Hydrate (Noctec) Lunesta Placidyl Xanax

#### **STIMULANTS**

Preludin Adderall Dexaspan Mazanor **Prolamine** Dexatrim Melfiat Adipex-P Ritalin Apidren Dexedrine Methamphetamine Didrex Methedrine Sanorex Benzedrine NoDoz Tenuate Efed II **Bontril** Plegine Vyvanse Cylert Eskatrol

Desbutal Fastin Pondimin
Desoxyn Ionamin Prelu-2 TR

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# **DRUGS THAT ARE NOT TO BE TAKEN (CONTINUED)**

Do not use, consume, or apply any of these drugs

#### **SUPPLEMENTS**

Supplements (including herbal, pre-workout, protein, creatine, etc.) will not be approved to take while you are on probation. Supplements may interfere with testing and will be subject to confirmation testing at your own expense. If you take any supplements while on probation, it is at your own risk.

#### **SYNTHETICS**

Synthetic Cannabinoids - Synthetic Marijuana, K2, Spice Synthetic Cathinoines - Methylenedioxypyrovalerone (MDPV), Mephedrone, Methylone Bath Salts, Molly, Glass Cleaner, Plant Food

VOLATILE SUBSTANCE	s/Inhalant Anesti	HETICS	
Anesthetics Amyl/Butyl Nitrite (also called Liquid Gold and Poppers)	Banana Oil Fluothane Freon Gasoline	Glue Nitrous Oxide Paint Thinners Penthrane	Pentothal Surital
THAT <u>CAN</u> BE TAKEN list sure to indicate on your	st, notify your probati paperwork <u>ALL</u> drug	the market daily. Unless the ion officer before ingesting a gs, prescription and over-the- not use, consume, or apply	ny drug. When testing, be counter, that you have
I have read and under	stand my responsib	ilities. My signature implie	s my consent.
PARTICIPANT/ DONOR S	SIGNATURE	DATE	
PRINT NAME OF PARTIC	CIPANT/ DONOR		
WITNESS		DATE	

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# URINE ABSTINENCE TESTING AND INCIDENTAL ALCOHOL EXPOSURE CONTRACT

Recent advances in the science of alcohol detection in urine have greatly increased the ability to detect even trace amounts of alcohol consumption. In addition, these tests are capable of detecting alcohol ingestion for significantly longer periods of time after a drinking episode. Because these tests are sensitive, in rare circumstances exposure to non-beverage alcohol sources can result in detectible levels of alcohol (or its breakdown products). In order to preserve the integrity of the DUI/Drug Court testing program, it has become necessary for us to restrict and/or advise DUI/Drug Court participants regarding the use of certain alcohol-containing products.

It is **YOUR** responsibility to limit your exposure to the products and substances detailed below that contain ethyl alcohol. It is **YOUR** responsibility to read product labels, to know what is contained in the products you use and consume and to stop and inspect these products **BEFORE** you use them. **Use of products containing ethyl alcohol (ethanol) in violation of this contract will <u>NOT</u> be allowed as an excuse for a positive test result.** 

### When in doubt, don't use, consume or apply!

Cough syrups and other liquid medications: DUI/Drug Court participants have always been prohibited from using alcohol-containing cough/cold syrups, such as Nyquil®. Other cough syrup brands and numerous other liquid medications, rely upon ethyl alcohol as a solvent. DUI/Drug Court participants are required to read product labels carefully to determine if they contain ethyl alcohol (ethanol). All prescription and over-the-counter medications should be reviewed with your coordinator before use (and prescriptions should be reviewed with and approved by the coordinator before being filled by a pharmacist). Information on the composition of prescription medications should be available upon request from your pharmacist. Non-alcohol containing cough and cold remedies are readily available at most pharmacies and major retail stores.

**Non-Alcoholic Beer and Wine:** Although legally considered non-alcoholic, NA beers (e.g. O'Douls®, Sharps®, Heineken 0.0®) do contain a residual amount of alcohol that may result in a positive test result for alcohol, if consumed. DUI/Drug Court participants are *not* permitted to ingest NA beer or NA wine.

Food and Other Ingestible Products: There are numerous other consumable products that contain ethyl alcohol that could result in a positive test for alcohol. Fermented products/fermented beverages (such as Kombucha) can have alcohol content percentages often above 0.5% and at higher unregulated levels which could result in a positive screen for alcohol. Flavoring extracts, such as vanilla or almond extract, and liquid herbal extracts (such as Ginko Biloba), could result in a positive screen for alcohol or its breakdown products. Communion wine, food cooked with wine, and flambé' dishes (alcohol poured over a food and ignited such as cherries jubilee, baked Alaska) must be avoided. Read carefully the labels on any liquid herbal or homeopathic remedy and do not ingest without approval from your coordinator.

Mouthwash and Breath Strips: Most mouthwashes (Listermint®, Cepacol®, etc.) and other breath cleansing products contain ethyl alcohol. The use of mouthwashes containing ethyl

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alcohol can produce a positive test result. DUI/Drug Court participants are required to read product labels and educate themselves as to whether a mouthwash product contains ethyl alcohol. Use of ethyl alcohol-containing mouthwashes and breath strips by DUI/Drug Court participants is not permitted. Non-alcohol mouthwashes are readily available and are an acceptable alternative. If you have questions about a particular product, bring it in to discuss with your coordinator.

**Hand sanitizers:** Hand sanitizers (e.g. Purell®, Germex®, etc.) and other antiseptic gels and foams used to disinfect hands contain up to 70% ethyl alcohol. <u>Excessive, unnecessary or repeated use of these products could result in a positive urine test.</u> Hand washing with soap and water is just as effective for killing germs.

**Hygiene Products:** Aftershaves and colognes, hair sprays and mousse, astringents, insecticides (bug sprays such as Off®) and some body washes contain ethyl alcohol. While it is unlikely that limited use of these products would result in a positive test for alcohol (or its breakdown products) excessive, unnecessary or repeated use of these products could affect test results. Participants must use such products sparingly to avoid reaching detection levels. Just as the court required DUI/Drug Court participants to regulate their fluid intake to avoid dilute urine samples, it is likewise incumbent upon each participant to limit their use of topically applied (on the skin) products containing ethyl alcohol.

**Solvents and Lacquers:** Many solvents, lacquers and surface preparation products used in industry, construction, and the home, contain ethyl alcohol. Both excessive inhalation of vapors, and topical exposure to such products, can potentially cause a positive test result for alcohol. As with the products noted above, DUI/Drug Court participants must educate themselves as to the ingredients in the products they are using. There are alternatives to nearly any item containing ethyl alcohol. Frequency of use and duration of exposure to such products should be kept to a minimum. A positive test result will not be excused by reference to use of an alcohol-based solvent. If you are in employment where contact with such products cannot be avoided, you need to discuss this with your DUI/Drug Court Coordinator. Do not wait for a positive test result to do so.

# Remember! When in doubt, don't use, consume or apply.

# I HAVE READ AND UNDERSTAND MY RESPONSIBILITIES; MY SIGNATURE IMPLIES MY CONSENT:

PARTICIPANT SIGNATURE	DATE
Print Name of Participant	_
WITNESS	DATE

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